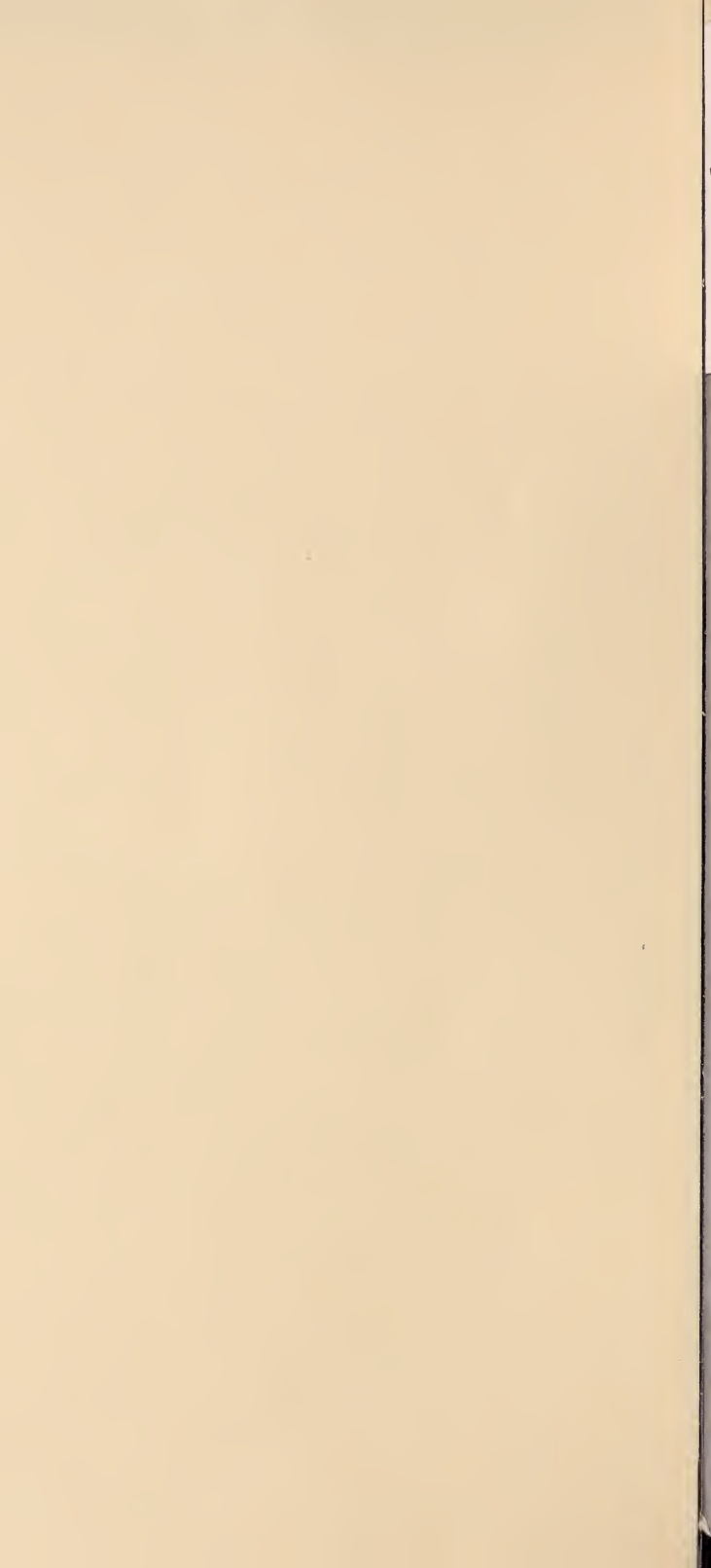
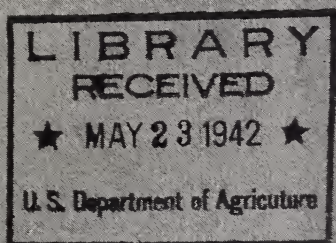


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Do not assume content reflects current scientific knowledge, policies, or practices.



Be a Victory planner



in your home

332107

Plan **to do your part at home**

1 Spend less

and save more

2 Make things

and have more

3 Cut waste

and make things last

4 Buy carefully

and stretch pennies

5 Budget your hours

and make each count

6 Safeguard your family

and help guard your country

Devoted service in our homes is distinguished service to the Nation

1 **SPEND LESS FOR LIVING** this year than last. Decide what peacetime purchases you can do without in wartime. Our Nation at war needs all the materials, machinery, and manpower it can get. Our Government will order many economies. We must volunteer still more. Let's decide now how we will get what we need to keep our families well and strong and yet spend less. Make a family spending plan; hit-or-miss spending wastes money. You'll have more taxes to pay. Lay aside money each month to meet them. Pay off your debts; do not run up new bills. Buy more war bonds and stamps than you did last year.

2 **SKILLFUL HANDS MAKE BETTER LIVING.** Factories that work for war cannot work to make many goods we bought in peacetime. Some things we can make ourselves. Some we can make with neighbors. Use the talents you and your family have for cooking, preserving foods, making clothes, toys, and things to brighten your home. Learn how to use left-over materials. If there's repairing to do, do the job yourself. Lend your neighbors help. Learn new skills. The family that knows how to use its hands can live better for the same money. Share what you know. Learn from your neighbors.

3 **WASTING WON'T WIN.** Everything we now have must be made to give maximum service. Check your stove and furnace to see that no power or fuel is wasted. Don't waste light. Use your sewing machine, washing machine, and other equipment carefully so they will not wear out. Keep them clean and oiled. Make repairs as soon as they are needed. Mend and make over clothes. Take good care of your woollens. Organize a neighborhood automobile-sharing plan to save tires and gasoline. Share other things, too. Take as good care of your neighbors' things as you do of your own.

4 **IT'S PATRIOTIC TO BE THRIFTY.** Good wartime buyers make every penny count. Make sure each thing you buy is needed. Choose what is plentiful. Don't hoard. Shop around. Compare prices and values. Know what you are getting. Watch scales. Buy by grade, if possible. Read labels; ask the salesman for facts if labels don't give them. Substitutes make it more important than ever to know about durability, use, and care. Don't ask for useless wrapping. Reduce the number of deliveries. Find new ways to be thrifty. Explore possibilities for cooperative buying with your neighbors.

5 **SAVING MONEY TAKES TIME.** Days are short and work will not get done unless we plan to make each hour count. Simplify your housekeeping. Time-saving short cuts can be worked out for most homemaking jobs. Make your time-management plan a family venture. It will be more fun. Help the children to understand that their work is worth while. They will want to share in working for Victory. Allow time for the companionship of your family and friends, as well as for work. Plan to share in community wartime activities. Choose those in which you can be of most service.

6 **WE MUST KEEP OUR FAMILIES FIT.** Our Nation needs them strong. Plan meals for health. Do all you can to get rid of strain. Have plenty of rest and sleep. Plan for good times, too. Keep a sane outlook through the trying months ahead. Your family needs your affection and good cheer, steadily, day after day. Safeguard family life by safeguarding your schools and local health and welfare services. All of us, whatever our nationality, race, or creed, must work together to make each community a demonstration of the democracy we believe in and are determined to defend.

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U.S. Bureau of home economics.

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Be a victory planner in your home. 1942.

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